

**CULTURE SHOCKS FACED BY INDONESIAN AND CANADIAN YOUTHS
IN YOUTH EXCHANGE PROGRAM AT TRURO (NOVA SCOTIA,
CANADA) AND SEI GOHONG (CENTRAL KALIMANTAN, INDONESIA)
2012/2013**

THESIS

Presented to the Department of Education of the State Islamic College of
Palangka Raya in Partial Fulfillment of the Requirement for the Degree of
Sarjana Pendidikan Islam



By

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EDUCATION DEPARTMENT
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1436 H / 2014 M**

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Assalammu'alaikum Wr. Wb.

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2012/2014**

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Thank you for the attention.

Wassalammu'alaikum Wr. Wb.

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In the name of Allah

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If my own declaration is not right in this thesis one day so, I am ready to be given academic sanction namely, the cancellation of the degree of this thesis.

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**CULTURE SHOCKS FACED BY INDONESIAN AND CANADIAN YOUTHS
IN YOUTH EXCHANGE PROGRAM AT TRURO (NOVA SCOTIA,
CANADA) AND SEI GOHONG (CENTRAL KALIMANTAN, INDONESIA)
2012/2013**

ABSTRACT

This study was aimed to analyze the symptoms and solutions of culture shocks faced by Indonesian and Canadian youths in youth exchange program at Truro (Nova Scotia, Canada) and Sei Gohong (Central Kalimantan, Indonesia) 2012/2013.

The type of study was phenomenological method and the writer used qualitative approach in finding out the answer of the problems of the study. The data collecting technique used questionnaire, interview and documentations. The subjects of this study were participants of Indonesia-Canada Youth Exchange Program 2012/2013 Truro-Sei Gohong's group and the objects of the study were the symptoms and solutions of culture shocks faced by Indonesian and Canadian youths in youth exchange program at Truro (Nova Scotia, Canada) and Sei Gohong (Central Kalimantan, Indonesia). This study used purposive sampling.

The result of the study shown that: all of the participants of Indonesia-Canada Youth Exchange Program 2012/2013 Truro-Sei Gohong's group felt the culture shock (physical, cognitive or behavior) when they were entering in a new culture or environment where was different with their home town (home country). The various symptoms of culture shock had been felt by the participants and the most common symptoms were homesickness, anxious, awkward, strain, confused, and increased contact to fellow nationals. Mostly all of this culture shock was caused by cultural differences in both countries, Indonesia and Canada such as foods, weather, norms, customs, and habitual. In reducing the culture shocks itself, the participants offered some solutions during their experienced in exchange program. The most common solutions such as knowing and understanding the symptoms of culture shock, communication competence, being open mind with the differences, interaction and keep involve with the local community (society), and being well prepared.

Key words: Culture shock, symptoms, solutions, exchange program, Indonesia, Canada.

**KETERKEJUTAN BUDAYA YANG DIHADAPI OLEH PEMUDA
INDONESIA DAN KANADA DALAM PROGRAM PERTUKARAN PEMUDA
DI TRURO (NOVA SCOTIA, KANADA) DAN SEI GOHONG
(KALIMANTAN TENGAH, INDONESIA) 2012/2013**

ABSTRAK

Penelitian ini bertujuan untuk menganalisis gejala-gejala dan solusi dari keterkejutan budaya yang dihadapi oleh pemuda Indonesia dan Kanada dalam program pertukaran pemuda di Truro (Nova Scotia, Kanada) dan Sei Gohong (Kalimantan Tengah, Indonesia) 2012/2013.

Penelitian ini menggunakan metode fenomenologis dan penulis menggunakan pendekatan kualitatif dalam menemukan jawaban atas rumusan masalah, teknik pengumpulan data yang digunakan adalah kuesioner, wawancara dan dokumentasi. Subjek penelitian ini adalah peserta pertukaran pemuda Indonesia-Kanada tahun 2012/2013 kelompok Truro-Sei Gohong dan objek penelitiannya adalah gejala-gejala dan solusi dari keterkejutan budaya yang dihadapi oleh pemuda Indonesia dan Kanada dalam program pertukaran pemuda di Truro (Nova Scotia, Kanada) dan Sei Gohong (Kalimantan Tengah, Indonesia). Penelitian ini menggunakan teknik *purposive sampling* (sampel bertujuan).

Hasil dari penelitian ini menunjukkan bahwa semua peserta pertukaran pemuda Indonesia-Kanada tahun 2012/2013 kelompok Truro-Sei Gohong merasakan keterkejutan budaya (fisik, mental dan tingkah laku) ketika mereka memasuki sebuah budaya atau lingkungan baru dimana hal tersebut berbeda dengan tempat asal mereka. Beragam gejala dari keterkejutan budaya telah dirasakan oleh peserta dan gejala yang paling sering dirasakan dan dialami peserta adalah kerinduan terhadap kampung halaman, kegelisahan, kecanggungan, ketegangan, kebingungan dan meningkatnya berhubungan dengan rekan satu Negara. Secara keseluruhannya keterkejutan budaya ini disebabkan oleh perbedaan budaya antara kedua Negara, Indonesia dan Kanada seperti masalah makanan, cuaca (iklim), aturan, adat istiadat, dan kebiasaan. Untuk mengurangi keterkejutan budaya tersebut, peserta menawarkan beberapa solusi yang mereka dapatkan selama pengalaman mereka dalam program pertukaran. Diantaranya yang paling sering adalah mengetahui dan memahami gejala dari keterguncangan budaya tersebut, kemampuan berkomunikasi, lebih terbuka dengan perbedaan interaksi dan terus terlibat dengan masyarakat lokal dan memiliki persiapan yang matang.

Kata kunci: Keterkejutan budaya, gejala, solusi, program pertukaran, Indonesia, Kanada.

Motto

"EDUCATION IS THE MOST POWERFUL WEAPON WHICH YOU CAN
USE TO CHANGE THE WORLD"

-NELSON MANDELA-

DEDICATION

This thesis dedicated for:

My beloved father **TASRIN** and my beloved mother **ASNAH (almr.)**
Thanks for being my best parents. Thanks for your love, your time, your spirit, your
pray and everything that you have given to me during this time.

I love you because of Allah.

My lovely sister and brothers
RINA WATI, S.E and family,
RONY ASTRIAN and family,
IRWAN ROCHMAN ASPRIAN and family.

Thanks for everything that all of you have given to me all the time.

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Emma, Olivia, Robin and Dana, and the participants of Indonesia-Canada Youth
Exchange Program 2012-2013.

The honorable the Ministry of Youth and Sport of Republic of Indonesia
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The writer likes to show the best gratitude to our almighty, Allah who has given him a drop of knowledge with million powers and patiences. Peace and salutation be upon to greatest reformer in Islam, Muhammad SAW. Through his endless mediation that the writer recognized as a true exist Islam. Because of that divine gift of grace from Allah, the writer finally able to finish this thesis **CULTURE SHOCKS FACED BY INDONESIAN AND CANADIAN YOUTHS IN YOUTH EXCHANGE PROGRAM AT TRURO (NOVA SCOTIA, CANADA) AND SEI GOHONG (CENTRAL KALIMANTAN, INDONESIA) 2012/2013**, as the requirement for the degree of S1 in English program of STAIN Palangka Raya. In addition, along in process of finishing this thesis the writer would like to dedicate his best thanks to:

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Furthermore, the writer also expresses his thanks for his beloved parents, sister and brothers who always support, pray and suggest him in accomplishing this study. The last special thanks to his friends of TBI 2009 and in from others communities around him for their support.

The writer realized that the study is still far from the perfect, therefore some constructive critical and suggestions are welcomed. Finally, may Allah always help and guide us.

Palangka Raya, October 21st. 2014

Fajar Ramadhan
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LIST OF ABBREVIATIONS

TBI	: Tadris Bahasa Inggris.
MDGs	: Millennium Development Goals.
CWY	: Canada World Youth.
ICYEP	: Indonesia – Canada Youth Exchange Program.
KEMEPORA RI	: Kementerian Pemuda dan Olahraga Republik Indonesia.
Resp.	: Respondent.
AACWYI	: Alumni Associations of Canada World Youth Indonesia.
PDT	: Pre Departure Training.

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Appendix I: Research Instruments (Questionnaires and Written Interviews from participants).

Appendix II: Documentations (documents and pictures).

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	-Degree	-S1		
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2.	Finalist	Environment Ambassador province	Central Kalimantan	2009
3.	1 st winner	Research writing competition	Palangkaraya	2009, 2010
4.	2 nd winner	Debate Competition	Palangka Raya	2009
5.	1 st winner	English research writing competition	Palangka Raya	2011
6.	Top 5 th	Traffic Ambassador of Police Department	Central Kalimantan	2011
7.	1 st winner	Tourism ambassador of Palangka Raya	Palangka Raya	2011
8.	Top 5 th	Tourism ambassador of Central Kalimantan	Central Kalimantan	2011
9.	Participant	Indonesia-Canada Youth Exchange Program	Canada-Indonesia	2012
10.	1 st winner	TV presenter competition of Central Kalimantan	Central Kalimantan	2013
11.	1 st runner up	Bahasa Indonesia ambassador of Central Kalimantan	Central Kalimantan	2014

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No.	Skill	Description
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3.	Personality	Presenting, guiding and teaching

Organization Experiences

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1.	HMPS TBI (Students' Association of English Education Study Program)	STAIN Palangka Raya	Vice chief	2010-2011
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3.	DEMA (Students' Executive Council)	STAIN Palangka Raya	General Treasurer	2011-2012
4.	ADWINDO District (Association of Tourism Ambassador)	Palangka Raya	Vice Chief	2012-2015
5.	ADWINDO Province (Association of Tourism Ambassador)	Central Kalimantan	Member	2011-2014
6.	HPI (Palangkraya Tourist Guide Association)	Palangka Raya	Member	2013-now
7.	HPI Province (Central Kalimantan Tourist Guide Association)	Central Kalimantan	Member	2013-now
8.	PCMI Province (Central Kalimantan World Youth Exchange Association)	Central Kalimantan	Member	2013-now
9.	AACWY Indonesia (Association of Alumnae Canada World Youth Indonesia)	Jakarta	Member	2013-now

Work Experience

No.	Name of Company/Institution/Organization	Place, City	Job title	Year
1.	PT. Radio Compass Borneo Perkasa (Radio Station)	Sampit	Announcer	2008-2009
2.	PT. Radio Ozon Indo Citra Ria (Radio Station)	Palangka Raya	Announcer	2010-2011
3.	PT. Ozon Indo Citra Ria (Radio Station)	Palangka Raya	Music Director	2010
4.	PT. Radio Evella FM (Radio Station)	Palangka Raya	Announcer	2011
5.	Cultural and Tourism Department (district)	Palangka Raya	Tourism Ambassador	2011-2012
6.	Agatha Tour and Travel	Palangka Raya	Tourist Guide	2011-2012
7.	Provincial Police Department	Central Kalimantan	Traffic Ambassador	2011-2012
8.	Cultural and Tourism Department (City)	Palangkaraya	Committee of Tourism Ambassador Selection	2012, 2013, 2014
9.	Cultural and Tourism Department (Province)	Central Kalimantan	Committee of Culture and art festival	2012, 2013, 2014
10.	English private tutor (private and english course institution)	Palangka Raya	English tutor	2013-2014
11.	Freelancer	Palangka Raya	MC, and tourist guide	2010-now

Social service experience:

No.	Activities	City	Year
1.	Trainer for Tourism Ambassador of Palangkaraya.	Palangkaraya	2012, 2013, 2014
2.	Volunteer at Mik'maq Museum, Truro.	NS, Canada	2012
3.	Volunteer at Senior high School (SMA Negeri 6).	Palangka Raya	2013
4.	Social worker to Teach youth English course.	Palangka Raya	2012-2013
5.	Social worker at Sei Gohong Eco Village.	Palangka Raya	2013
6.	Society service at local community in avillage	Palangka Raya	2014