

CHAPTER V

DISCUSSION

Students' anxiety to speak English

The writer problem stated: "what are the causes of students' anxiety to speak English in English class at eleventh grade of MAN Model Palangka Raya". The sample of this study was 150 students at eleventh grade of MAN Model Palangka Raya.

Item 1, I tremble when I know that I'm going to be called on in language class. There were 88 students (58,7%) agreed and 62 students (41,3%) disagreed. By the data above it could be seen that **58,7% or 88 students** by 150 students agreed to question on item 1. That meant, almost of the students were afraid to spoke English in front of class. Base on their acknowledgment on interview, they trembled when the teacher called on them to spoke in front of class because they did not have preparation.

Item 2, it frightens me when I don't understand what the teacher is saying in the foreign language. There were 108 (72%) agreed and 42 (28%) disagreed. By the data above it could be seen that **72% or 108students** by 150 students agreed to question on item 2. That meant, the students did not understand English well. Based on interview data, they did not understand because the teacher was not explaining clearly, the teacher did not give instruction clearly.

Item 3, I am not worry about mistakes in language class. There were 67 students (44,7%) agreed and 83 students (55,3%) disagreed. By the data above it could be seen that **55,3 % or 83 students** by 150 students disagreed to question on item 3. That meant, the students felt worry to spoke English in front of class. Based on interview data, they felt worry because they did not have preparation to spoke in front of class and the teacher always gave assignment spontaneous.

Item 4, I keep thinking that the other students are better at languages than I am. There were 109 students (72,7%) agreed and 41 students (27,3%) disagreed. By the data above, it could be seen that **72,7 % or 109 students** by 150 students agreed to question on item 4. That meant, the students were thinking their selves were not better from other students. Based on interview, they said the other students were better than them. They were not sure with their ability to spoke English.

Item 5, I start to panic when I have to speak without preparation in language class. There were 125 students (83,3%) agreed and 25 students (16,7%) disagreed. By the data above, it could be seen that **83,3 % or 125 students** by 150 students agreed to question on item 5. That meant, if without preparation before, the student were not confident with themselves then got panic. Based on interview, the students said they got nervous and panic to spoke without preparation because they unusual spoke directly.

Item 6, I am worry about the consequences of failing my foreign language class. There were 127 students (84,7%) agreed and 23 students

(15,2%) disagreed. By the data above, it could be seen that **84,7 % or 127 students** by 150 students agreed to question on item 6. That meant, the students were worry if they fail in English class.

Item 7, in language class, I can get so nervous when I forget things I know. There were 121 students (80,7%) agreed and 29 students (19,3%) disagreed. By the data above, it could be seen that **80,7 % or 121 students** by 150 students agreed to question on item 7. The students got nervous when they spoke and forgot things they knew. They got nervous because they did not concentrate on their speech. Based on interview, they said, the other students were disturbing them so they did not concentrate with their speech.

Item 8, I get upset when I don't understand what the teacher is correcting. There were 96 students (64%) agreed and 54 students (36%) disagreed. By the data above, it could be seen that **64 % or 96 students** by 150 students agreed to question on item 8. That meant, the students did not understand English, so if the teacher corrected their mistakes they got upset and confused what the teacher were correcting.

Item 9, I am afraid that my language teacher is ready to correct every mistake I make. There were 83 students (55,3%) agreed and 67 students (44,7%) disagreed. By the data above, it could be seen that **55,3 % or 83 students** by 150 students agreed to question on item 9. That meant, they were not ready to speak in front of the class because they were afraid when spoke they made mistakes.

Item 10, I can feel my heart pounding when I'm going to be called on in language class. There were 93 students (62%) agreed and 57 students (38%) disagreed. By the data above, it could be seen that **62 % or 93 students** by 150 students agreed to question on item 10. That meant, the student felt very nervous if they called to speak English in front of class. Because, they were not ready to do it.

Item 11, the more I study for a language test, the more confused I get. There were 100 students (66,7%) agreed and 50 students (33,3%) disagreed. By the data above, it could be seen that **66,7 % or 100 students** by 150 students agreed to question on item 11. That meant, the students did not understand about English. They tried to study more but they keep confused and did not understand about it.

Item 12, I feel confident when I speak in foreign language class. There were 42 (28%) agreed and 108 students (72%) disagreed. By the data above, it could be seen that **72 % or 108 students** by 150 students disagreed to question on item 12. That meant, the students were not confident when they spoke English in front of class. The students were lack of self-confidence when they spoke English because they did not master English.

Item 13, I get nervous and confused when I am speaking in my language class. There were 90 students (60%) agreed and 60 students (40%) disagreed. By the data above, it could be seen that **60 % or 90 students** by 150 students agreed to question on item 13. Almost of the students got nervous when they

spoke English in front of the class. Besides, they confused with what they said to the other students.

Item 14, I get nervous when I don't understand every word the language teacher says. There were **100 students (66,7%) agree** and 50 students (33,3%) disagree. By the data above, it could be seen that **66,7 % or 100 students** by 150 students agreed to question on item 14. The students did not understand every word the teacher said because the teacher was not explaining clearly. So, the students were difficult to understand the words.

Item 15, I feel overwhelmed by the number of rules you have to learn to speak a foreign language. There were **91 students (60,7%) agree** and 59 students (39,3%) disagree. By the data above, it could be seen that **60,7 % or 91 students** by 150 students agreed to question on item 15. The number of rules that made by the teacher in language class made the students felt overwhelmed to follow it.

Item 16, I get nervous when the language teacher asks questions which I haven't prepared in advance. There were 125 students (83,3%) agreed and 25 students (16,7%) disagreed. By the data above, it could be seen that **83,3 % or 125 students** by 150 students agreed to question on item 5. That meant, almost of students felt nervous when the teacher asked questions to them directly.

The result of the study from the data were found by doing the research on students' anxiety to speak English in English class at eleventh grade of MAN

Model Palangka Raya found that most of the students were anxious when they speak English.

Based on data above, speaking anxiety is concerned, the writer appreciated similar levels of communication apprehension in different items. To start with, speaking the language seemed to be difficult for a large amount of students, since item 1 that 58,7% of students said that "they trembled when they knew that they were going to be called on in class". Anxious students were afraid to speak in English. They endorsed the statements "I start to panic when I have to speak without preparation in English class" item 5 (83,3%); These students were exceedingly shy when they had to speak English in front of others. They were easily embarrassed and nervous because they felt that everyone was looking at them and judging them. Students' lack of self-confidence when speaking the foreign language was revealed by the fact in Item 10 indicated that 62% "I can feel my heart pounding when I'm going to be called on in language class".

The fact that anxious students fear they did not understand all language input was also consistent with communication apprehension. Students endorse statements like "it frightens me when I don't understand what the teacher is saying in the foreign language" item 2 (72%); "I get nervous when I don't understand every word the language teacher says" item 14 (66,7%). They believe that in order to have any chance of comprehending the target language message they must understand every word that is spoken. Anxious students also fear being less competent than other students or being negatively

evaluated by them. They report: "I keep thinking that other students are better at languages than I am" item 4 (72,7%). These students not only were apprehensive about others' evaluation but also anticipated that their classmates would evaluate them negatively. Thus, they may skip class, overstudy, or seek refuge in the last row in an effort to avoid the humiliation or embarrassment of being called on to speak. Anxious students were afraid to made mistakes in the foreign language. They endorse the statement "I am afraid that my language teacher is ready to correct every mistake I make" item 9 (55,3%). These students seem to feel constantly tested and to perceive every correction as a failure.

Student responses to item "I feel overwhelmed by the number of rules you have to learn to speak a foreign language" item 15 (60,7%) lend further support to the view that foreign language anxiety was a distinct set of beliefs, perceptions, and feelings in response to foreign language learning in the classroom and not merely a composite of other anxieties. These results suggest that anxious students feel uniquely unable to deal with the task of language learning.

Most of students got anxious when they spoke English in front of class. Most of students felt anxious because they got nervous when they spoke English in front of class. They tremble when they know that they were going to be called to come forward to speak English. Besides, they felt anxious when they spoke English without preparation. They did not know when they got assignment to speak English in their class. The English teacher gave the

assignment to speak English suddenly, so they did not have preparation to do it. They did not have material for their assignment and there were no time to memories the material.

Then, they were not confident to speak English in front of class. They were not sure with their selves to spoke English because they were thinking their English not well. They thought about things that had nothing to do when they were in front of class. They also were not believe about what they had to do.

CHAPTER VI

CLOSING

A. Conclusion

The study was aimed to know what are the causes of students' anxiety to speak English in English class at eleventh grade of MAN Model Palangka Raya. Based on the result of the study, the writer could made conclusions which could be seen as below:

Students' lack of self-confidence when speaking the English (62%). The students were inconfidence with their speaking skill. They were not sure with their speaking skill. They did not have preparation when speaking the foreign language. Besides, they did not practice more before speaking English.

On the other hand, the students were afraid everyone would laughing them when speak English (71%). These students were exceedingly shy when they had to speak English in front of others. They were easily embarrassed and nervous because they felt that everyone was looking at them and judging them.

The students thought their competences were less than other students (71%). They thought other students were better than them. They were looking pessimist and did not try to improve their English skill.

B. Suggestion

1. For the students

- a. The best way to eliminate anxiety during speaking is speaking itself. Students can decrease their anxieties through practice. With this, students will know their own weaknesses and strengths. Hence, anxiety could be reduced.
- b. It is also suggested to students that before they speak in front of their classroom, they should be relax so they can ease their tension and can expose their speaking ability naturally

2. For the other writers

In this thesis, the writer realized that design of the study was very simple. There are still many weaknesses that could be seen. Therefore, for further researcher; it is expected that the other researchers can improve this study with better design and different object in order to support the result finding. In other word, the other researcher can use this research as the reference for conducting their research.